

Important Safety Notice

ICON Health & Fitness, Inc. has found that the spring on the long adjustment knob may become damaged as a result of use. If the spring becomes damaged, the ankle lock can disengage while the inversion system is inverted, causing a user to fall. This can result in serious head and neck injuries.

This kit includes the following item:

a replacement spring 

Installation requires the following tools:

an adjustable wrench 

pliers 

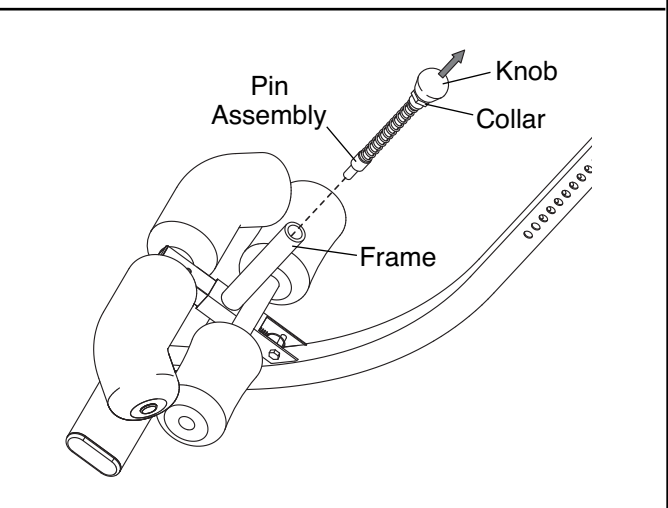
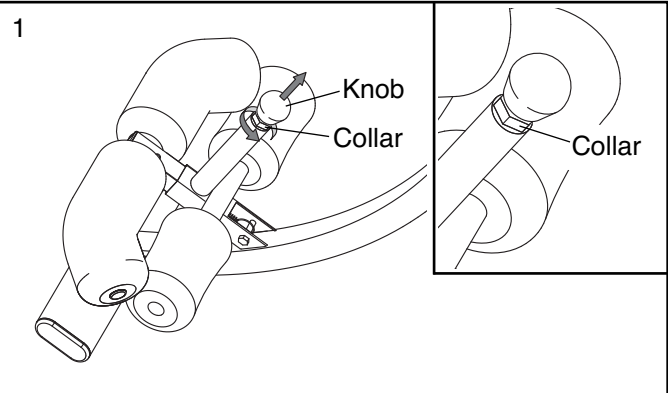
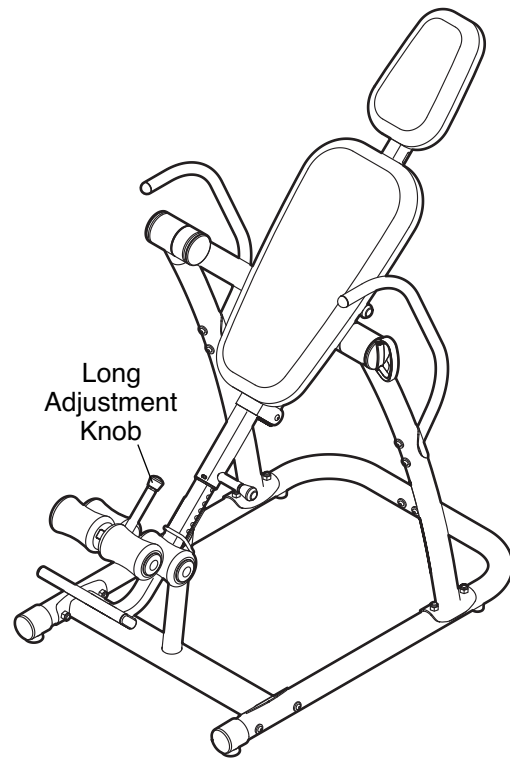
Follow the steps below and on back to install the replacement spring.

1. Pull the Long Adjustment Knob upward.

Using an adjustable wrench, loosen the Collar, and remove the Pin Assembly from the Frame.

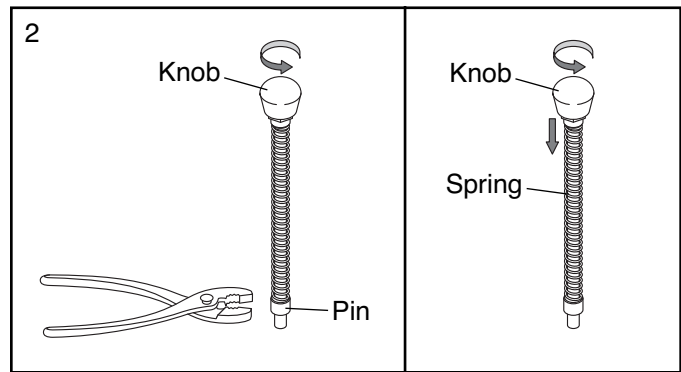
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NordicTrack *REVITALIZE™*
INVERSION SYSTEM 2.0



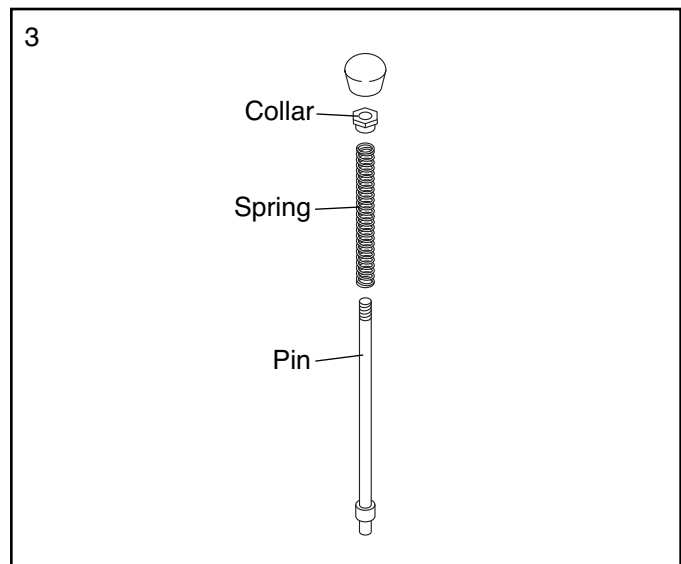
- Using pliers, grip the bottom of the Pin to keep it from turning, and loosen the Knob a few turns.

Next, pull the Spring downward and hold it firmly in place while you fully remove the Knob. Then, gently release the Spring.



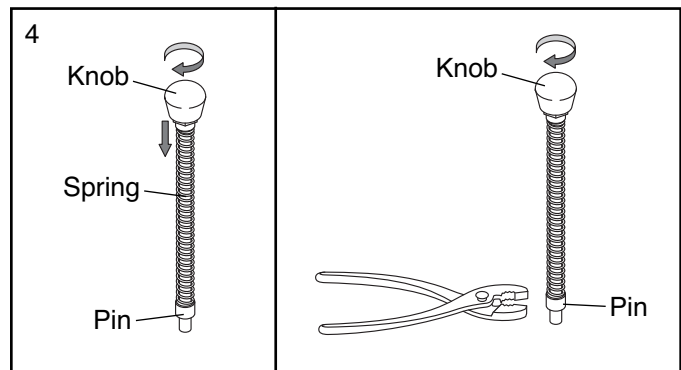
- Remove the Collar and the Spring from the Pin. Discard the Spring.

Locate the long Spring included in this fix kit. Slide the Spring onto the Pin. Then, slide the Collar onto the Pin.



- Pull the Spring downward and hold it firmly in place while you tighten the Knob a few turns onto the Pin. Then, gently release the Spring.

Using pliers, grip the bottom of the Pin to keep it from turning, and tighten the Knob onto the Pin.



- Insert the Pin Assembly into the Frame.

Using an adjustable wrench, tighten the Collar into the Frame.

